

# HOW DO YOU CHOOSE THE RIGHT CARE?



## IMPARTIAL 10 POINT CHECKLIST:

- ✔ **QUALITY OF CARE:**  
Read reviews from families on [carehome.co.uk](http://carehome.co.uk)
- ✔ **WELLBEING ACTIVITIES:**  
Check activity schedule, does it offer stimulating & varied experiences?
- ✔ **COMPASSIONATE CARE:**  
Look at the interaction between the staff & the ladies & gentlemen.
- ✔ **PERSON CENTRED CARE:**  
Ask to see examples of anonymous care plans to see whether it is tailored to an individual.
- ✔ **HEALTH & SAFETY:**  
Observe cleanliness of the home.
- ✔ **ACCREDITATION:**  
Analyse Care Quality Commission (CQC) reports & local inspection from the county, ask if recommendations have been actioned.
- ✔ **NUTRITION:** Ask to see their menus & how often they change them.
- ✔ **FEES:** Ask about what additional costs will be incurred & support given on Local Authority Funding.
- ✔ **RESIDENT'S WELFARE:** Do the ladies & gentlemen look well cared for & content.
- ✔ **RETENTION OF STAFF:**  
Ask about retention of staff & ratio of staff to residents.

REGULATED FINANCIAL ADVICE THROUGH  
SOCIETY OF LATER LIFE ADVISER (SOLLA):  
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ADVISERS:



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