

WINTER MENU

Week 2

| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> | <u>Sunday</u> |
|---|--|--|--|---|---|---|---|
| Breakfast | Cereal Porridge Fruit Juice Full English Tea & Coffee | Cereal Porridge Fruit Juice Full English Tea & Coffee | Cereal Porridge Fruit Juice Full English Tea & Coffee | Cereal Porridge Fruit Juice Full English Tea & Coffee | Cereal Porridge Fruit Juice Full English Tea & Coffee | Cereal Porridge Fruit Juice Full English Tea & Coffee | Cereal Porridge Fruit Juice Full English Tea & Coffee |
| Lunch: Soft option available, pureed also available | Shepherd's Pie OR Salmon Fish Cakes With rice, peas and carrots | Chicken Casserole with dumplings OR Chicken Curry Creamed potatoes, rice and naan bread, broccoli and carrots | Roast Pork & Roast Potatoes, Brussel sprouts and cabbage | Beef hot pot OR Salmon Fillets New potatoes, carrots and broad beans | Ham OR Battered Cod Chips, Mushy peas & grilled tomatoes | Mince beef and onion Pie OR Sausage casserole Creamed potatoes, broccoli, swede. | Roast Chicken & Roast potatoes, Yorkshire pudding, stuffing, peas & cabbage |
| <u>Vegetarian option on request</u> | | | | | | | |
| Salads and Omelettes available daily with various fillings. Fruit on request | | | | | | | |
| Desert, ice cream or yoghurts available | Strawberry Flan & whipping cream | Lemon Sponge & cream | Semolina | Stewed fruits and custard | Mixed fruit sponge and custard | Fruit jelly and ice cream | Cherry pie and cream |
| SUPPER | Homemade Pizza | Sausage rolls and baked beans | Jacket potatoes, beans and cheese | Bubble and squeak | Scrambled eggs on toast | Crumpets | Cheese board |
| | Fresh Sandwiches & homemade soup | Fresh Sandwiches & homemade soup | Fresh Sandwiches & homemade soup | Fresh Sandwiches & homemade soup | Fresh Sandwiches & homemade soup | Fresh Sandwiches & homemade soup | Fresh Sandwiches & homemade soup |
| | Mandarin Jelly | Toasted teacake | Angel delight | Trifle | Sponge cake | Fresh fruit salad | Eton Mess |